

# FRESNO PACIFIC UNIVERSITY COVID-19 PREVENTION PLAN

June 2022 Update



[Fresno Pacific University](#) is committed to your safety and care during this very complex period of COVID-19. As we return to in-person education we will continue to be alert to changing circumstances and follow the counsel of the Centers for Disease Control and Prevention, the Association of Independent California Colleges and Universities, the State of California, the Fresno County Department of Public Health and the extensive work of our Emergency Management Team and President's Cabinet.

Recognizing that the COVID-19 pandemic is in a fluid state, FPU will adjust measures as needed to provide for the safety of students and employees alike. Student, faculty, administration and staff safety continues to be our highest priority.



**MY FPU**

Additional and updated protocols will be identified and shared as new local, state and federal guidance becomes available. For the latest developments visit [FPU COVID-19 INFORMATION](#). You can also access the information through the MY FPU App. [My FPU Login](#)

While we cannot guarantee a COVID-19 free environment, we can reduce the risk. It will be each person's responsibility to adhere to all safety and social distancing protocols.

Please review and become familiar with the following guidance, policies and protocols for our community.

## **All Community**

1. Definitions (as per [CDPH Guidance](#) June 9, 2022) [CDPH Isolation and Quarantine Fact Sheet](#)
  - a. Isolation separates those infected with a contagious disease from people who are not infected.
  - b. Quarantine restricts the movement of persons who were exposed to a contagious disease in case they become infected.
  - c. Close Contact is someone sharing the same indoor airspace, e.g., home, clinic waiting room, airplane etc., for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individuals 5-minute exposures for a total of 15 minutes) during an infected person's (laboratory-confirmed or a clinical diagnosis) infectious period.
  - d. High-Risk Contact is someone who may experience severe illness if they become infected with COVID-19 or for whom the transmission potential is high (high intensity/duration of indoor exposure). Examples of high-risk

contacts include: immunocompromised persons and household contacts of cases.

e. Infectious Period

- i. For symptomatic infected persons, 2 days before the infected person had any symptoms through Day 10 after symptoms first appeared (or through Days 5-10 if testing negative on Day 5 or later), and 24 hours have passed with no fever, without the use of fever-reducing medications, and symptoms have improved, OR;
- ii. For asymptomatic infected persons, 2 days before the positive specimen collection date through Day 10 after positive specimen collection date (or through Days 5-10 if testing negative on Day 5 or later) after specimen collection date for their first positive COVID-19 test.

For the purposes of identifying close contacts and exposures, infected persons who test negative on or after Day 5 and end isolation, in accordance with this guidance are no longer considered to be within their infectious period. Such persons should continue to follow DCPH isolation recommendations, including wearing a well-fitting face mask through Day 10.

2. Self-Screening

- a. All community members, including residential/commuter students, faculty, staff and all adult students on regional campuses, are required to self-screen for COVID-19 symptoms before arriving on any FPU campus, university property or venue used for ALL university purposes.
- b. Symptoms of COVID -19 are:
  - i. Fever (Temperature of 100.4 or greater)
  - ii. Cough (productive or dry)
  - iii. Sore Throat
  - iv. Congestion or Runny Nose
  - v. Shortness of Breath or Difficulty Breathing
  - vi. New Loss of Taste and Smell
  - vii. Chills
  - viii. Repeated Shaking/Tremors
  - ix. Muscle Pains or Body Aches
  - x. Headache
  - xi. Nausea, Vomiting or Diarrhea

3. Symptomatic, Isolation and Close Contacts

- a. Symptomatic: Anyone who is sick (symptomatic – experiencing a symptom identified above), ***including ALL persons with COVID-19 symptoms, regardless of vaccination status or previous infection.***

**Recommended Actions:**



- i. Self-Isolate (off-campus with the exception of some residential students who may need to self-isolate in campus housing) and test as soon as possible to determine infection status.
  - ii. Remain in isolation while waiting for testing results. If not tested, they should continue isolating for 10 days after the day of symptom onset.
  - iii. If symptoms continue, retest (antigen recommended) within 1-2 days of a negative test, particularly if you tested negative during the first 1-2 days of symptoms. Continue to self-isolate.
  - iv. Continue to self-isolate if test result is positive, follow recommended actions below and contact your healthcare provider about available treatments if symptoms are severe or they are severe or they are at high risk for serious disease or if you have any questions concerning your care.
- b. Persons Who Should Isolate: Everyone, regardless of vaccination status, previous infection or lack of symptoms.

**Recommended Actions:**

- i. Stay home for at least 5 days after start of symptoms (or after date of first positive test if no symptoms).
- ii. Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen\* collected on Day 5 or later tests negative.
- iii. If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications.
- iv. If fever is present, isolation should be continued until 24 hours after fever resolves.
- v. If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments.
- vi. Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information).
- vii. \*Antigen test preferred.
- viii. For at least 5 days after start of symptoms (or after date of first positive test if no symptoms).
- ix. Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen\* collected on Day 5 or later tests negative.

- x. If unable to test, choosing not to test or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications.
- xi. If fever is present, isolation should be continued until 24 hours after fever resolves.
- xii. If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments.
- xiii. Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information).

\*Antigen test preferred.

- c. Close Contacts: Asymptomatic Persons Who are Exposed to Someone with COVID-19. Everyone, regardless of vaccination status. (Persons infected within the prior 90 days do NOT need to be tested, quarantined or excluded from work unless symptoms develop.)

*Recommended Actions:*

- i. Test within 3-5 days after last exposure.
  - ii. Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease.
  - iii. Everyone is strongly encouraged to get vaccinated or boosted.
  - iv. If symptoms develop, test and stay home AND
  - v. If test result is positive, follow isolation recommendations above.
- d. High-Risk Exposures: Some exposures may be deemed higher risk for transmission, such as with an intimate partner, in a household with longer periods of exposure or while performing unmasked activities with increased exertion and/or voice projection or during prolonged close face-face contact (e.g., during contact sports like wrestling, during indoor group singing, during crowded events where cheering occurs like games, concerts or rallies, particularly if indoors). In such cases, exposed persons should be extra vigilant in undertaking recommended mitigation measures.

Similarly, if the close contact is more likely to become infected due to being unvaccinated and/or immunocompromised, or if they are more likely to transmit the virus to those who are at higher risk for severe COVID-19, they should also take greater care in following recommendations to limit spreading the virus to others during the 10 days following their exposure.

These close contacts should get tested and may consider quarantining or self-limiting their exposure to others and are strongly recommended to follow the testing and mitigation measures outlined in this prevention plan.

4. Individuals who test positive for COVID-19 must isolate for 10 days (regardless of vaccination status). On day 5 (or later) community members may take a COVID test (Antigen recommended). If the result of this test is negative and symptoms have resolved, community members may end isolation and return to class/work and normal daily activities after a full 5 days of isolation has been observed AND wear a well-fitting mask and socially distance to the best of their ability. Those who test positive for a second time, or those whose symptoms have not resolved, must continue isolating through day 10.
5. Reporting symptoms or testing information:
  - a. All traditional undergraduate students and seminary students will be able to contact the Campus Life/Student Development Office to report symptoms and testing information. Regional campus students may contact the main phone line at their respective campus (see letter “d” below for detailed instructions).
  - b. Employees who stay home because they are experiencing symptoms of COVID-19 or are otherwise ill should notify their supervisor that they are unable to report to campus prior to the start of their shift.
    - i. If an employee (except faculty) reports that they have COVID-19 symptoms or if they report they are going to be or have been tested for COVID-19 they should notify their supervisor. The supervisor will then immediately contact the Human Resources Office for further instructions.
    - ii. If a faculty member has COVID-19 symptoms or if they are going to be or have been tested for COVID-19 they should notify the Human Resources Office immediately for further instructions.
  - c. If a community member learns they have been a close contact to someone with COVID-19, or if they are getting tested for COVID-19, or if they received a positive test for COVID-19 and have been on a FPU campus within the last two (2) days and it is after regular business hours or a weekend they should notify the Campus Safety Office immediately at 559-453-2298.
  - d. Any community member who discloses that they are: (1) symptomatic; (2) are a close contact to someone with COVID-19; (3) are being tested for COVID-19; or (4) who have tested positive for COVID-19, will be interviewed by a COVID-19 Rapid Response Team. Students will be interviewed by a Rapid Response Team from campus life or a team from each regional campus, and employees will be interviewed by a Rapid Response Team from human resources. The purpose of these interviews is to provide appropriate care to the reporting community member, to determine the level of exposure to

others within the FPU community and to determine the appropriate next steps to be taken, including but not limited to cleaning and sanitizing, required notifications and to provide for the safety for all community members.

During office hours:

- i. Main campus students: Campus Life 559-453-2249 Office hours - Monday-Friday 8:00 a.m. – 5:00 p.m. Campus Safety (after hours) – 559-453-2298.
- ii. Regional campus students:  
Current in-person office hours will be Monday-Friday 8:00 a.m. – 10:00 p.m. & Friday 8:00 a.m. – 5:00 p.m.)
  1. Bakersfield 661-617-4500
  2. Merced 559-354-5900
  3. North 559-573-7800
  4. Visalia 559-302-4100
- iii. Human Resources 559-453-2115
  1. Office hours Monday-Friday 8:00 a.m. – 5:00 p.m.
  2. After office hours:
  3. Campus Safety – 559-453-2298
  4. Monday-Friday 5:00 p.m.–8:00 a.m.; Saturday-Sunday

***Find a testing site located near to you:***

Fresno County:	<a href="#">Fresno County COVID-19 Test Sites</a> <a href="#">Find a Testing Location Near to You</a>
Kern County:	<a href="#">Find a Testing Location Near to You</a>
Kings County:	<a href="#">Find a Testing Location Near to You</a>
Madera County:	<a href="#">Find a Testing Location Near to You</a>
Merced County:	<a href="#">Find a Testing Location Near to You</a>
Tulare County:	<a href="#">Tulare County COVID-19 Test Sites</a> <a href="#">Find a Testing Location Near to You</a>

**6. Vaccinations**

All community members are strongly encouraged to get vaccinated (and punctually boosted when eligible) for COVID-19.

**7. Safety Measures**

***a. FPU Policy on Face Coverings***

- i. ***All community members are recommended to wear masks on all campuses, while inside buildings.*** N95 masks and two-layer cloth face coverings are available upon request. N95 masks and two-layer cloth face coverings may be picked-up on the main campus at the information desk, student development front desk, campus safety and human resources. N95 masks are available at the front desk of each

regional campus. You can also send requests for N95 masks to [hr@fresno.edu](mailto:hr@fresno.edu).

- ii. FPU has aligned workplace mask requirements with general mask guidance from state and local agencies/guidelines. Masks are typically not required outdoors. However, it is recommended that employees wear face coverings outdoors when six feet of physical distance cannot be maintained. Community members may choose to wear a face covering when not required.

See CDPH's [Face Coverings Q&A](#) to learn more about where masks are still required or recommended.

Read [Get the Most out of Masking](#) to learn how a mask can best protect you.

See the latest CDC guidance for COVID-19 Vaccines [here](#).

See how to properly wear a N95 respirator [here](#)

- iii. Learn [How to Safely Wear and Dispose of a Cloth Face Covering](#)
  - 1. Wearing a face covering properly can help prevent exposure of people near the wearer and the wearer but does not replace the need for physical distancing and frequent handwashing.
  - 2. Face coverings must cover the nose and the mouth.
  - 3. Hands should be washed or sanitized before and after using or adjusting face coverings.
  - 4. Avoid touching eyes, nose and mouth.
  - 5. Face coverings must not be shared and should be washed or discarded after each use.

*b. Hand Sanitization*

- i. Wash hands with soap and water for at least 20 seconds. Hand-washing stations are available in every restroom and break rooms on all campuses.



- [illegible]

- iii. Avoid sharing phones, supplies or equipment wherever possible. When not possible, disinfect between use (such as lab equipment, transportation, etc.).
- e. *Gatherings and Events* – There are currently no restrictions.
- f. *Campus Visitors* – Visitors are welcome on all campuses. Visitors are asked to follow state and local guidelines. Visitors are asked to self-screen for COVID-19 symptoms prior to gaining access to FPU property, venues or events. Please do not access any campus if you are not feeling well.
- g. *Travel* – There are currently no travel restrictions for employees. Please let your supervisor/program director/dean know if you will be traveling for work purposes.

## Students

All Students (in addition to above “All Community Members”)

1. [The Sunbird Food Pantry](#) on main campus will be open for all FPU students who need to access food. All items will be pre-packaged for take-out and are not to be eaten in the food pantry area.
2. For up-to-date information on class schedules visit the Registrar’s Office web page at: [Registrar’s Office](#)
3. [Important Contact Information](#)
4. Should the public health situation deteriorate such that all in-person classes are suspended for a period, FPU will be prepared to move into remote instruction.
5. If you are at higher risk for severe illness and need academic accommodations contact [Disability Access and Education](#) at [disability.services@fresno.edu](mailto:disability.services@fresno.edu).
6. If you need to talk to someone visit the [On-Site Counseling Center](#) or the [Office of Spiritual Formation & Diversity](#).

Residential Students (in addition to above “All Students” and “All Community Members”)

1. Because of the high level of community involvement and contact associated with residential students, all residential students (those living in university-owned housing) are ***strongly encouraged*** to become fully vaccinated and provide proof of vaccination before the academic year begins (if a community member is an NCAA athlete they will be required to abide by NCAA guidance in terms of testing and vaccination requirements). Residents are strongly encouraged to email an image of your completed COVID-19 vaccination card to [studentlife.department@fresno.edu](mailto:studentlife.department@fresno.edu).

## Student-Athletes

The Department of Athletics will comply with any regulations set forth by the NCAA, the State of CA and/or the local health department to ensure a safe environment for

our student-athletes and staff. Sports competition and campus venues will return to normal capacity and participation standards (although this could change at any time due to a rise in COVID numbers or a change in NCAA, PacWest Conference, State of California or Fresno County Public health regulations).



1. All student-athletes (SAs) will be required to complete an annual physical prior to clearance for participation in a sport.
2. SAs will need to complete daily self-screening for COVID 19 symptoms prior to coming to any campus or athletic facility or venue and are not to come to campus or any athletic facility or venue if symptomatic.
3. Because of the high level of community involvement and contact associated with student-athletes, all intercollegiate athletes are ***strongly encouraged*** to get fully vaccinated and to provide proof of vaccination to FPU. Student-athletes will upload their vaccination card to “Health Roster” as part of their pre-participation physical.

## Employees

Becoming fully vaccinated and boosted against COVID-19 is strongly encouraged.

Following [CDPH Guidelines June 9, 2022 \(Isolation and Quarantine Fact Sheet\)](#), it is recommended that employees working from FPU campuses wear a face covering. Please see masking guidance above. The following information is additional for all employees and includes the information in the “All Community Members” section above.

1. Office/Desk/Area Sanitation:
  - a. Cleaning and sanitization of personal offices are the responsibility of each employee. At the beginning and end of each workday, each employee is responsible for disinfecting their own workspaces. This includes wiping down of keyboards, hard surfaces, phones, pens, desk chairs, etc.
  - b. Service counters should be sanitized frequently throughout the day.
  - c. Payment portals and pens must be sanitized after every use.
  - d. Conference/meeting rooms are to be sanitized by the users before and after every use.
  - e. Shared spaces, such as lobbies, lounges, hallways, restrooms, break rooms and conference/meeting rooms will be sanitized and cleaned by the university once a day.
2. Hand sanitizer and cleaning supplies can be requested by office managers for their area through the work order system found at: [School Dude Work Order](#).

3. If you believe you have contracted COVID-19 while working on campus you must immediately notify your supervisor and the Human Resources Office.
4. If you are ill, we encourage you to stay home and care for yourself. You are eligible to use COVID sick time for a covid vaccine, to care for yourself or a family member who has tested positive for COVID, and if you are excluded from working due to COVID protocol. If you have a non-COVID illness, you may use your accrued sick time or vacation to receive compensation. If you do not have enough sick or vacation time, please contact human resources. If you are going to be absent more than three consecutive days, please contact human resources at [hr@fresno.edu](mailto:hr@fresno.edu) or 559-453-2245 as you may be eligible for a leave of absence under the Family Medical Leave Act/California Family Rights Act. If you are diagnosed with COVID-19, please notify your supervisor immediately as this may be considered a workplace injury, and we will need to follow our workers compensation protocols. See additional information on [government programs supporting sick leave and worker's compensation for COVID-19](#).
5. If an employee is exposed to COVID-19 in the workplace, they will be able to test during paid time at no cost to them.
6. Employees working with vendors, independent contractors, temporary or contract workers and volunteers are to ensure that they have been properly informed about campus COVID-19 prevention policies and that they have provided their employees with the appropriate PPE before entering campus or working with students or employees in person.
7. Employees will receive written training for COVID prevention via Etrieve. It is the expectation that all employees complete this training timely. In addition, there is voluntary supplemental training available to all employees. If you have any questions, please contact human resources at [hr.fresno.edu](http://hr.fresno.edu).
8. If you are at higher risk for severe illness and need work accommodations contact human resources at [hr@fresno.edu](mailto:hr@fresno.edu).
9. [Employee Assistance Program](#)

## Faculty

Face-to-Face Instruction:

1. Faculty may elect to wear a face covering and request others in the classroom to wear a face covering. Hand sanitization stations have been installed in every classroom. Encourage students to sanitize their hands often.

## Other Important Information

Local Health Department Contact Information:

[Kern County Department of Public Health](#) COVID-19 Hotline: 661-321-3000

[Fresno County Department of Public Health](#) COVID-19 Hotline: 559-600-4636



[Madera County Department of Public Health](#) 559-675-7703

[Merced County Department of Public Health](#) 209-385-7434

[Tulare County Department of Public Health](#) Info and Referral Line: 800-834-7121

Statewide COVID-19 Dashboard

Find your county's information here <https://covid19.ca.gov/state-dashboard/>

Fresno Pacific University's COVID Coordinator is Dale Scully, V.P. of Campus Life

Responsible persons to implement the FPU COVID-19 Prevention Plan on all campuses:

Joseph Jones, Ph.D.: President

Gayle Copeland, Ph.D.: Provost

Javier Campos: Executive Director of Campus Safety

Jordan Sharp: Executive Director of Human Resources

Dale Scully: V.P. of Campus Life

Jon Endicott: V.P. of Enrollment Management and Student Services

Denise Baronian: Executive Director of Regional Enrollment

Louis Jackson: Campus Safety Corporal & Co-Emergency Management Coordinator

Pam Schock: Assistant Dean of Student Development & Co-Emergency Management Coordinator

This plan is subject to change as we seek to be in compliance with regulations and guidance from the CDC, federal, state, county and local authorities as well as FPU leadership.

In certain circumstances Fresno Pacific University may choose to be more restrictive or implement more conservative measures than are outlined in this plan to eliminate or manage the possibility of exposure to COVID-19 to its community members or its campuses.